

Get Active Fitness
Sports & Nutrition Program

Over 10,000 children participate in daily after-school activities offered by the City of Las Vegas Department of Leisure Services. We strive to have 100% of enrolled students participate in a Healthy Lifestyles Initiative activity by 2010.

These goals will be accomplished through:

- Physical Fitness Activities and Testing
- Nutrition Projects
- Personal Safety Program
- Community Events
- Sports Activities, such as
 - Flag Football Track
 - Soccer Tennis
 - Basketball Power Walking Club
- Health and Wellness Pledges
- Information Sharing
- Biggest Winner Contest



City of Las Vegas 70 Safekey Sites

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Adcock	Eisenberg	Park
Agassi	Fong	Parson
Allen	Fyfe	Piggott
Bell	Garehime	Pittman
Bilbray	Givens	Red Rock
Bonner	Gragson	Reed
Booker	Griffith	Rhodes
Bracken	Hancock	Ronnow
Bryan, R.H.	Heckethorn	Ronzone
Bunker	Hewetson	Scherkenbach
Cambeiro/Lunt	Hoggard	Smith, H.M.
Carl	Hollingsworth	Staton
Carson	Jacobson	Sunrise Acres
Christensen	Kahre	Tarr
Conners	Katz	Thompson
Crestwood	Kelly	Tobler
Culley	Lummis	Twin Lakes
Darnell	May	Vegas Verdes
Derfelt	McMillan	Ward, K.M.
Deskin	McWilliams	Warren
Detwiler	Moore	Wasden
Earl, I.	Neal	West Prep
Edwards	O'Roarke	Williams, W.

For more information, call 229-2526, 229-3399, or 229-2883.

www.lasvegasparksandrec.com









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Safekey

Before- and After-School Recreational Enrichment Program

Kindergarten - 5th Grade



Program Description

Safekey is a before- and after-school recreational enrichment program designed for children in kindergarten through 5th grade. This program is offered at numerous Clark County School District elementary schools and provides a safe environment where participants are provided a nutritional snack and where activities include a homework period, arts and crafts, games, healthy lifestyle initiative programs, and other activities. Safekey follows the school district calendar and operates on days that school is in session.



Program Mission

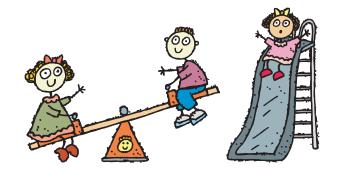
It is the mission of the City of Las Vegas Department of Leisure Services *Safekey* program to provide families with safe before and after school recreational experiences for school age children in a supervised, engaging environment. It is a positive solution for the latchkey and at-risk child who may be unattended to during out-of-school time. We work hard to meet the needs of our participants and provide quality experiences while enhancing their quality of life.

Program Benefits

Our youth programs are dedicated to providing the best experience possible for children. Our goal is to create an atmosphere where safe, fun, recreation, social, and healthy activities take place.

There are many benefits to having children participate in the *Safekey* Program. Our staff is carefully selected and placed at Safekey sites based on their skill set. Trained staff members include school teachers, school district employees, college students, and adults interested in the well-being of children. We aim to:

- Provide a positive, meaningful experience during out-of-school time.
- Help children develop self-esteem through a safe, supervised program.
- Involve children in group and individual activities that will help each child grow to his or her fullest potential.
- Foster growth and development by incorporating values and respect in peer group relationships.
- Encourage healthy lifestyles and healthy lifestyle choices.



Program Provisions

- Safe, recreational environment
- Homework period
- Special events/community events
- Nutritional snack
- Healthy lifestyles through the inclusion of 60 minutes of moderate physical activity or play per day
- Fitness education through partnerships with local agencies, national programs, and educational institutes
- Implementation of several other
 City of Las Vegas programs, including...

Batteries Included Youth Initiative
Access to after-school educational
activities and opportunities for youth
engagement through health & safety,
education, and leadership components.

Mayor's Healthy Lifestyle Initiative



Providing opportunities for a healthy and active community through a 3-Point Plan to *Get smart! Get up! Get out!* about diet, nutrition, fitness, and physical activity.

Diversity Initiative

Enhancing program and service offerings by learning to value one another as well as utilizing and appreciating our unique differences.